

27th year
CARMEL CHALLENGE CUP
SATURDAY, NOVEMBER 21, 2009

SPONSORED BY . . .

Mount Carmel Academy
 7027 Milne Boulevard
 New Orleans, LA 70124-2395

CARMEL CHALLENGE CUP MAJOR SPONSOR™



AWARDS. . .

In 5K race & 1 mile fun race:
 1st overall male & female
 1st MCA student • 1st MCA 8th
 Grader • 1st MCA freshman
 1st MCA sophomore • 1st MCA
 junior • 1st MCA senior • 1st
 MCA faculty member (Male &
 Female) • 1st MCA alumna • 1st
 MCA parent (Male & Female)
 1st DOG with a male runner
 1st DOG with a female runner

ROUTE. . .
CITY PARK COURSE
ROOSEVELT MALL

TIME. . .

8 AM. 1 mile
 8:30 AM. 5K

REGISTRATION. . .

\$15 per person. Checks payable to:
 "Mount Carmel Academy"
 No T-shirt option: \$10
 T-shirts guaranteed to all who
 register by **November 19**. After
 that date, if we run out of
 T-shirts, please pick up T-shirt
ONLY at the Mount Carmel
 Academy bookstore. Allow two
 weeks for delivery.

CANCELLATION STATEMENT

Race administrators reserve the
 right, in the event of an emergency
 or natural disaster, to cancel the
 race or to change the day and/or
 time. All entry fees are non-
 refundable.

PEAKE
BMW

ENTRY FORM PICKUP. . .

Mount Carmel Academy
 7027 Milne Boulevard
 Phidippides

6601 Veterans Boulevard

T-SHIRTS. . .

Multi-colored long-sleeved
 Carmel Challenge Cup T-shirts
 will be distributed on the
 day of the race.

Male & Female—1-mile 1st place
 in age groups; 5K 1st, 2nd & 3rd
 place in age groups:

0-6	35-39
7-10	40-44
11-14	45-49
15-19	50-54
20-24	55-59
25-29	60-64
30-34	65 & Over

No duplication of awards.

REFRESHMENTS. . .

Soft drinks, bananas, jambalaya,
 pasta and much more.

RACE INFORMATION

Mrs. Sue C. Buras
 Mount Carmel Academy
 504.288.7626, Ext. 163



1713 LAKE AVE. • METAIRIE, LA 70005
 CALL US FOR LARGE SEAFOOD BOILS
 STORE, 835-4638 • OFFICE, 834-1225
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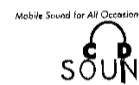
OUR NEWEST CONCEPT IN RIVERWALK



415-A WALKER STREET
 NEW ORLEANS, LA 70124
 504.288.0991



813 DECATUR ST., N.O., LA
 (504) 581-2914



The Beachcorner

4905 CANAL STREET
 NEW ORLEANS, LA 70119
 (504) 488-7357

Home of the 10 oz. Beach Burger

COMPLETE, DETACH AND RETURN THE FORM BELOW.)

27TH YEAR
CARMEL CHALLENGE CUP

Saturday, November 21, 2009

8 AM • 1 mile walk-run • 8:30 AM • 5K race

REGISTRATION.....\$15 PER PERSON
 RACE DAY REGISTRATION.....\$16 PER PERSON
 NO T-SHIRT OPTION (Race Day only)....\$10 PER PERSON

MCA STUDENTS ONLY: HMRM _____
 Other participants: Give credit to
 8 9 10 11 12

T-SHIRT SIZE (check one):
 YL S M L XL XXL

FAMILY NAME _____ FIRST NAME _____ **PAID** _____

MAILING ADDRESS _____ TELEPHONE _____

CITY _____ STATE _____ ZIP + 4 _____

In consideration of the acceptance of this application form, I, the undersigned, intending to be legally bound, do hereby for myself my heirs, executors, administrators and assigns, knowingly and willingly waive any and all rights and claims for damaged I may have against persons or entities connected with this event, including Mount Carmel Academy and other sponsors, and I release and hold them harmless from any liability for any and all injuries sustained in connection with this event. I hereby grant full permission to use my name and image in any photographs, video tapes, motion pictures, recordings, broadcasts or other records of event, and that my physical condition has been verified by a licensed physician.

SEND THIS FORM WITH CHECK TO: MOUNT CARMEL ACADEMY • 7027 MILNE BOULEVARD • NEW ORLEANS, LOUISIANA 70124-2395

SIGNATURE _____ IF UNDER 18, SIGNATURE OF PARENT OR GUARDIAN _____